



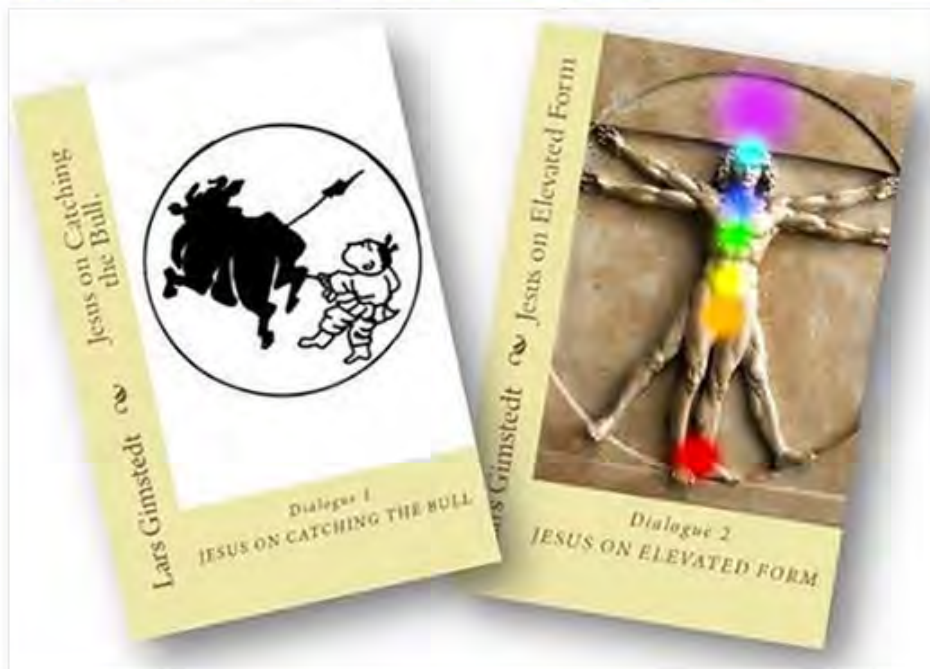
**Lars Gimstedt**

den 5 juni kl. 10:44

Thanks Derek for accepting me into this group. I found you searching Facebook for ACOL, and there are not many ACOL groups as yet.

I am an ACIM student since 30 years, and found ACOL a year ago (or it found me...). I got so inspired that I since then have written two ACIM- and ACOL-inspired books, "Jesus on Catching the Bull" (around ascending "the mountain") and "Jesus on Elevated Form" (around descending to earth again to manifest).

[http://psykosyntesforum.se/Jesus\\_on\\_Catching\\_the\\_Bull.htm](http://psykosyntesforum.se/Jesus_on_Catching_the_Bull.htm)



**Phil Gould** Dear Lars, I love your two books, Jesus on Elevated Form, and Jesus on Catching the Bull. I'm on holiday with nothing on my mind except my continuing dialogue with Jesus through ACOL and with my ACOL Facebook companions. Rarely have I enjoyed reading anything so much as your two beautiful dialogues.

I feel a tremendous affinity with you - and as I read your dialogues I meet myself at many levels. I'm not a psychotherapist but have benefited greatly from psychotherapists, including practitioners of psychosynthesis. I also, together with my wife and in recent years with our son, have for 40 years been running a management training business in the UK specialising in coaching and training for managers and professional people in communicating skills. We've called it Skills With People. We teach, in essence, how to listen and talk in a way that makes mutual understanding and respect, or genuine rapport, or unity, possible in relationships and conversations at work that are "difficult".

I came to ACIM in 2002, and as so many have said, I felt I'd come home, that it answered everything I needed. Then earlier this year I came to ACOL, and the excitement and wonder is now expanding about the possibility ... I really mean, the certainty ... of coming fully home.

I'm at the point with ACOL of realising I no longer need effort, and learning and "tools", but can at all times just enjoy listening to the Heart, the inner guide. Therefore I resist the idea of adopting some of the tools you offer in Jesus on Elevated Form, because it might feel like going back to school. But on the other hand I'm not very familiar with the Eastern wisdom about chakras, and you make it sound really good to develop this aspect of myself. So I'm hearing and feeling the tug of this. Still undecided.

Thank you so much, dear brother, for your wonderful contribution.

den 7 juni kl. 14:18 · Gilla · 1