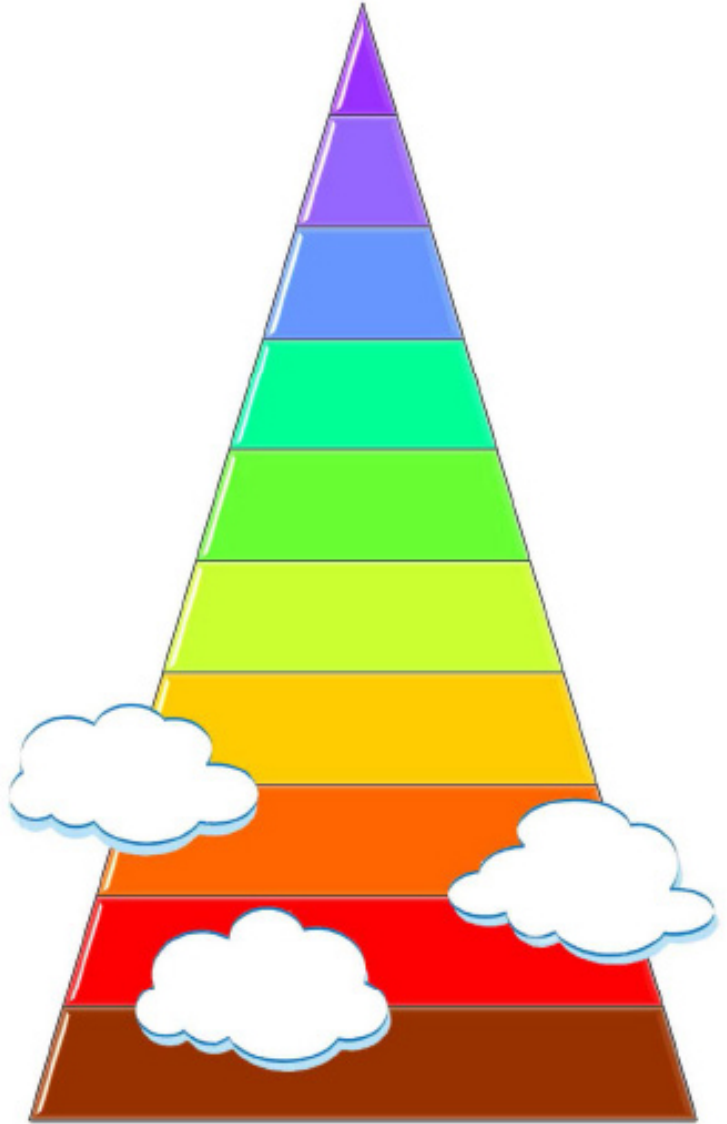


Lars Gimstedt & STAIRWAY



10 Steps to Heaven

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About the author:

Lars Gimstedt works as a psychotherapist in Linköping, Sweden. His formal training was as a quantum physicist, and he has worked as an engineer and a manager in corporate business for 30 years.

In the middle of his life, he started to study Psychosynthesis, CBT and NLP, and worked part time as a psychotherapist during ten years, until he started to work full time in his company PsychosynthesisForum.com in 2003 with life and leadership coaching, psychotherapy and with internet e-courses and e-books.

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“The book Stairway by Lars Gimstedt is an imaginative and thrilling vision about how mankind’s development on Earth can be changed into something better. It is also a thoroughly documented description of how another book, A Course in Miracles (ACIM), can lead to a personal and spiritual growth against all odds.

Those who have worked with ACIM themselves will probably recognize things from their own experiences. But also for those that are beginners to ACIM, the book will convey ideas about how the Course influences, in ways that are both easy to understand and that are educating.

The book differs from an ordinary novel in its format. The different steps in Stairway are identified with the rainbow colors. The narrative consists of letters and reports in different formats and fonts, and it also includes images and symbols. The resulting variation makes the book beautiful, as well as more interesting and easier to read.

For myself, I found Lars’ book very engaging and I recommend it for everyone that have worked with A Course in Miracles and for everyone wanting to learn more about the Course. His book reflects his deep knowledge and experience of ACIM in different situations and contexts. It describes an emerging vision where something deeper in us than the hunt for money and social status, and it is therefore a book for inspiration.

Albert Harloff, Stjarnsund, Sweden, April 27 2014.”

(ACIM translator to Norwegian, author of Thy Will Be Done, chairman Swedish ACIM Network.)

&

"Imagine a world dedicated to living the happy dream promised by 'A Course in Miracles'. All it would require is people experiencing the Holy Instant and living peacefully together.

Lars Gimstedt gives us a peek into the future. Fast forward 300 hundred years and the transformation is happening, but not without the group ego's last stand. For many people in future world, paranoia runs deep.

Read this book to find out what happens!"

(Dr. Sam Menahem, spiritual psychologist. Founder of the Center for Psychotherapy and Spiritual Growth.)

&

Your stairway lies on the whispering wind
And as we wind on down the road
Our shadows taller than our soul
There walks a lady we all know
Who shines white light and wants to show
How everything still turns to gold
And if you listen very hard
The tune will come to you at last
When all are one and one is all
To be a rock and not to roll

(From the song "Stairway to Heaven"
by Jimmy Page & Robert Plant
on Led Zeppelin IV 1971)

&

Summary

John Zacharias, the typical engineer, became more and more provoked by his wife's growing interest in New Age, which he regarded as anti-scientific brainwashing.

When she one day asked him to read a pamphlet about a book that was alleged to have been "channeled" to the author from Jesus Christ, who had given it the title "A Course in Miracles", his patience hit a limit.

But, instead of trying again to persuade his wife into realizing why all this just was superstition and naïve wishful thinking, he strangely enough decided to read the book, in order to prove to her that it was all humbug.

This improbable decision changed John's life completely. Reading the book made John re-evaluate his view on reality, it made him change his profession into becoming a psychotherapist, and it ultimately made him learn to listen to the divine inner guidance that exists in the silent bottom of the mind of everyone.

John's inner guidance led him onto a life-long path towards enlightenment. On his way there, he discovered and refined the ability to transport himself through space and time.

This ability was registered by the global security system TSS that by 2040 had become refined to a

level of sophistication where it could maintain constant surveillance of every individual on Earth.

When John, after having disappeared without a trace on his hundredth birthday in 2046, returned after three hundred years, many authorities saw John's return as a grave security risk that eventually could jeopardize political control. The space-time jump ability had from 2144 slowly spread to others. Fearing a more rapid increase of this ability due to John's return, a special office within the NSA was now formed and was assigned the task of investigating, containing and eliminating this risk.

But, darkness can never dispel Light. The book Stairway is about John's spiritual path to enlightenment, and about what will happen to mankind when more and more of us let our Inner Light shine, and how this ultimately will dispel all darkness.

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October 19, 2346. NSA Report.

NSA Report 2346-1001-3632
TOP SECRET. CLF code 0.
Department for The Transhuman Threat.
October 19 2346.
Unmonitored disappearances.
Case study TTT-JZ-1.

This report has been compiled in order to serve as background material in NSA-TTT's and others' ongoing investigations in unmonitored disappearances, which have been assessed as a mayor security risk to NATO, an assessment shared by other security agencies (see Attachment 1).

The security risk is coupled to hitherto unexplained disappearances of individuals, in many cases despite these having been under strict physical observation or with close proximity probe surveillance. Many of these have after a while been detected again, but the re-appearances in themselves have up to now not been possible to document. All surveillance probes, now more than 2.300.000 units, placed in all countries, have been updated with new detection algorithms designed to trigger on connection glitches or terminations.

The first re-appearance that has been positively detected and documented by NSA has now occurred: September 19 2346, exactly 300 years after his disappearance, the rematerialization of Mr. John Zacharias has been detected at a distance from his old home on Iceland, located inside the Reykjavik Stairway Center on the small island Videy northwest of Reykjavik. John Zacharias seems to have a biological age of 100 years, the same age he had when he disappeared September 19 2046.

The disappearances have not been possible to couple to terrorism or other hostile actions towards NATO, nations or groups, but this risk must be taken into account. The prime reason for this is that the disappearances and the re-appearances severely disturb TSS, The Total Surveillance System, when the data acquisition from the surveillance probes located all over the world becomes terminated, and automatic re-connection is not triggered at the re-appearances, resulting in the existence of non-surveilled individuals, a grave security risk by itself. For example, in subsequent disappearances and re-appearances of Mr. Zacharias, it has taken TSS several days to start tracking Mr. Zacharias.

Of security reasons, this report does not disclose the identities of the persons and/or task force responsible to compiling this report, or future reports from NSA-TTT.

The disappearances seem in many cases have had connections with the so called Stairway movement, a loosely connected network, started in 2015 by the mentioned John Zacharias, at that time living in Seattle, USA. This network communicates in a seemingly unorganized way around spiritual development via a strict method for mind training as defined in a more than 360 years old book, "A Course in Miracles" (abbreviated ACIM from here on). The Stairway movement originally started out of an internet course, "A Psychosynthesis Perspective on ACIM", which Mr. Zacharias had compiled 2013 on the base of his twenty years' experience of applying the mind training methods of ACIM in his psychotherapeutic practice. Over a period of eight years the different study groups of the course slowly formed a network that eventually grew into an organization. It took its name 2022 after the title of a book John Zacharias wrote 2021, "Stairway to Heaven".

Mr. Zacharias' disappearance in 2046 was the first TSS documented loss of tracking case, where neither his dead body or Mr. Zacharias himself alive could be traced.

The first case of disappearance of this kind, where documentation still exists, although the scientific value of this narrative has been disputed, is the disappearance of the body of Jesus, as

reported in The Bible. The reason for mentioning this is that Jesus is the alleged author of ACIM.

ACIM was first published 1976, and was by the publisher claimed to be the result of "channeling" from Jesus to a psychology professor Helen Schucman. Later disappearance and re-appearance of John Zacharias at a date long after a normal human lifespan gives reasons to believe that Jesus could in fact have been present during the years 1965 to 1972, and that the material could have been transferred by Brainwave Quantum Resonance Field (BQRF). Other cases of information transfer via BQRF have been scientifically investigated and documented as early as 2210 (Attachment 2).

Case Study TTT-JZ-1, which this document is the first report from, was initiated by the reappearance of John Zacharias. (He will be referred to with the abbreviation JZ from here.)

This reappearance is the first TSS has documented by probe activation, although there has been non-probe documentation from other sources about other disappearances and subsequent reappearances by JZ in the period from 2040 to 2046, and similar disappearances and reappearances by other individuals during the period from year 2144 and forward. In order to gather scientific data for building up an understanding of the

disappearance mechanisms, JZ will now be subjected to the highest level of probe monitoring, and NSA will continuously report the findings.

JZ worked as an engineer at Boeing, Seattle, for thirty years. Boeing at that time developed and produced airfoil vehicles, called aeroplanes (the Gravity Drive had not yet been invented). Via the so called New-Age movement, that had its main activities on the American west coast during the last decades of the twentieth century, JZ came into contact with ACIM in 1985. The impact of reading the book and of practicing the psychological training in ACIM made JZ to change his career from development engineer and manager to becoming a psychotherapist 1992, within the psychological school of Psychosynthesis.

Psychosynthesis was one of the first psychologies during the beginning of the twentieth century to describe what it called a "transpersonal realm" of reality, which seems to be a similar description as offered by ACIM. This "transpersonal realm" seems to constitute one possible explanation of the disappearances, but this has not been possible to confirm with any known scientific methods.

We think it may be important to make oneself acquainted with the mind training techniques of ACIM's, and with the thought system and

the life history of JZ, because this knowledge is deemed as crucial in the continued investigation of the unexplained phenomena of disappearances and re-appearances, or with a more stringent term, re-materializations .

Coming investigations will focus on publications by and about JZ not as yet analyzed by NSA, and will naturally also focus heavily on the future activities of JZ.

So far the probe monitoring and remote monitoring of JZ has worked well, although with unexplained glitches in the contact. Automatic re-establishing of the tracking has up to now also worked well, but JZ has at each of these cases changed location, sometimes to places very far from where the TSS tracking was interrupted.

End of NSA Report 2346-1001-3632
TOP SECRET. CLF code 0.
October 19 2346.

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December 19, 2346.

BLOG ENTRY: Seeks – Context.

1. Seeks.

Context.

Welcome to my blog

Thank you, dear reader, for visiting my new blog!

I assume that the reason you have found this blog is that someone told you it was here, giving you the web address, or that you as a Stairway member has received information from your local center.

I also assume that, whatever other reasons you may have to have come here, one is surely curiosity: how can a person that vanished 300 years ago be here again, and how is it possible for John Zacharias to be 400 years old?

I can assure you that I am only one hundred years old, and in good health. I have returned for a number of reasons, which I will tell you more about in coming blog entries. One of the reasons is to write this blog, in which I will begin to describe my life before 2046. I want to do this in order to correct some of the misunderstandings and myths about me that have evolved during the last three hundred years. I also want to do this to help the ones of you reading my blog to follow the path of spiritual awakening I, and others before me, have taken.

In order to let what I tell you to sink in, and in order to give you time to discuss it with each other, I will make entries in this blog only now and then. So click on the 'follow' button above the header if you wish to be notified about blog updates.

Of technical and security reasons, you cannot leave comments underneath, but you are welcome to mail me at my old e-mail mail@psykosyntesforum.se , which is coupled to my old website psychoanalysisforum.com, that the main Stairway Center has kept active all these years.

I live in my old home on Videy, Iceland, which the Stairway Center of Iceland has kept in good order. I was really amazed when I saw all the things that had happened here at the Main Center since I left 2046, with all the new buildings.

I have been contacted by the TSS people, of course, but all in all they have remained passive, even if I suspect that there are numerous specialized probes watching each step I take...

The header image

I have put an image in the header of this blog. This image is a part of a larger one, which will gradually appear, more in each coming blog entry. The image will denote which step on my path to awakening I will write about. The definition of the steps is based on an old Buddhist tradition, ten meditation focus pictures called The Bull and His Herdsman. These pictures, together with koans (short poems) were used from the 12th century for mind training. Look at one version

that I have set up a long time ago at http://psykosyntesforum.se/PsF_0892_The_Bull/PsF_0892_The_Bull_1.html, where you even can listen to me reading the description texts underneath the pictures and the three koans that poetically comment each picture.

On the right side of the header image, I have also made a connection between this Buddhist tradition and the mind training format from Gregory Bateson's cybernetic theory of Logical Levels, from 1951. Logical Levels was later used by Richard Bandler and John Grinder in the development of Neurolinguistic Programming, NLP, a psychology I often used in my practice as a psychotherapist, together with Psychosynthesis.

But now, to my story of my own journey, a journey of personal and spiritual development and awakening.

The first turning point

When I turned forty, in September 1986, I had for my whole life had the engineer's secure and logical view of the world: reality was controlled by the laws of nature. Even if much was still unclear at that time - quantum physicists had just started to report strange things around cause and effect - the laws of nature made me feel comfortable. Much was still unknown, but it would only be a matter of time - the knowledge about the world had increased for each generation

during many hundreds of years, and would continue to increase, in an accelerated rate.

The religious persons could occupy themselves with whatever they were doing, I did not care. I saw myself as a friendly and tolerant person (which I still do). I realized that people were different, and it was understandable and of little real importance to me that some had not come as far in their knowledge as others, making it necessary for them to use metaphysical explanations instead of physical. I trusted that the increasing knowledge from science would make more and more people to let go of their old superstitions. I was forty years old, and I had a long formal training as a quantum physicist and fifteen years professional experience as an aerospace engineer as my intellectual foundation.

What I could not understand was when people criticized science for being inhuman and ugly. For myself, I could feel uplifted when I saw the results of a computer program I had developed, making a simulator work like a real airplane. I could even get a strong experience of the inherent beauty of fine technology, when the control laws I had developed in the simulator made the test pilot talk about the airplane as if he was a horseman talking about a beautiful horse.

I felt open-minded and tolerant towards about others, and I felt the same way towards my wife Anna as well, despite her interest in para-psychology and other New Age stuff (New Age was the umbrella term for a movement around spiritual awakening that started on

the American west coast in the 1970's). I sometimes discussed these things with her, when she had read some article or book, but I never succeeded in convincing her of my own firm belief: everything she talked about had or would ultimately get a scientific explanation, even if more research might be needed to understand the underlying mechanisms, research that might require years or even decades. But I did not try to push her – I was sure she would accept this undisputable fact over time.

But when Anna started to attend meetings with mediums and fortune-tellers, I got more disturbed. The more she enthusiastically talked about the “fantastic” things she had heard about, the more irritated I felt, and I also felt frustrated by her naïveté.

Anna's interest in New Age increased more and more during a couple of years, and she often talked about how the things she had heard about would bring mankind into a new era, the “New Age”. My patience was wearing thin, and this made our discussions more and more strained, until she finally did not want to discuss these things with me anymore, accusing me for being narrow-minded and dull.

Anna's social life began include more and more New Age people, and when we had guests, or we were visiting others, I began to feel increasingly excluded. It even felt like they looked down on me when I kept myself outside their discussions.

This had a negative impact on mine and Anna's relationship, and I felt more and more frustrated. I brooded a lot about whether we could find the way

back to each other again, and I longed back to the time when we still could discuss our different views on reality, as adult and mature people.

But one day in the fall of 1986 something happened, which I much later in my life would regard as the first real turning-point onto the path of inner transformation I was going to travel. Anna came home with a pamphlet she had got when attending a seminar at the New Age café downtown Seattle that she frequented. She wanted to tell me about the seminar, but asked me to read the pamphlet first, so that I would at least have the full information “before coming with all my usual objections” as she expressed it.

The pamphlet was about a New Age book that had come into existence through “channeling”. A woman had heard “an inner dictation” from a person who later had identified himself as Jesus. This inner dictation continued every day during a period of seven years, and after a while it resulted in the publication of a book called “A Course in Miracles”, further on in the pamphlet abbreviated as ACIM. The book was subdivided into three parts: one textbook with theory, one workbook with 365 lessons, and a manual for teachers.

(I assume that most of you reading this blog are well acquainted with ACIM, but I will continue to include full information like this for the benefit of those of you who are new to the Stairway Movement.)

I obediently read the pamphlet, but I felt more irritation and frustration than ever before – this was

worse and crazier than anything else she had come home with over the years. The pamphlet not only talked about the Transpersonal or Spiritual realm of reality, it claimed that the physical reality was an illusion all together! I started to wonder whether Anna was becoming the victim of some occult sect, and I felt genuine anxiety and helplessness.

At that exact moment the thing happened, which I later would come to regard as a turning-point for me: the thought came up in my mind that I had to “save” Anna, by making a decision I later could feel amazed I even would consider: I decided to buy the book and to read it from cover to cover, in order to be able to prove to Anna once and for all that meta-physical hosh-posh will ultimately lead to losing one’s grip of reality. I made this decision despite the fact that the pamphlet described the book as heavy reading and as very extensive - more than 1200 pages long.

I bought the book at the café, and set aside an hour each evening to read it, after I had come home from my work, we had had dinner and had put our two children, four and seven at the time, to bed.

Already in the introduction, A Course in Miracles described how it came to be: how the psychology professor Helen Schucman, after having had inner strange visions during a large number of years, thought that she had gone crazy when an “inner dictation” started. How she confided in her boss on the psychology institution of Columbia University, and how he offered to help her to make notes of what she had heard, before deciding what to do about it.

I felt very disturbed about how two scientifically highly trained persons could have ended up in this kind of muddled thought patterns, and I more and more believed that Helen Schucman had become the victim of some kind of psychological disorder, and that her boss Bill Thetford had become psychologically co-dependent in what in psychological literature is called a "folie à deux".

But, a mere suspicion like this could be easily dismissed by Anna as just having my usual negative and judgmental attitude, and as I had taken on the task of proving the falsehood of ACIM, I persevered in my reading. The book really was heavy reading – each sentence felt charged with meaning and hidden clues. That the text was formed in Shakespeare's meter Iambic Pentameter did not make my task any easier.

As I all the time had my focus on finding traces of psychological disorder and confusion in what I read, I after some days of reading became increasingly confused about the total lack of this. Everything I read felt logical, well thought through and very structured. I noticed that the text often referred to other parts both earlier and later in the book, in a way that conveyed that the person having compiled this text was in total control of the entirety of the subject.

I began reluctantly to take in what the book actually said, and my focus on Helen Schucman, Bill Thetford, and their "folie à deux" abated more and more. Instead, I now started to become disturbed over something else than the story of how ACIM came into

existence: I found that what I read awoke something inside of me. I felt sympathy to the part of the message that was about acceptance and forgiveness, as this matched my own core values. But even the part of the message that on an intellectual level felt completely alien, that the physical world is a mental projection made up by a collective mind, created some kind of resonance deep inside myself, even though my conscious and scientific mind revolted to the thought.

It took me a couple of months to read the textbook part, a little more than 600 pages. I had originally thought that I would read extensively, scanning through the material to look after “proof of insanity”, but I found myself reading slower and slower, to allow each word, each sentence, each concept, to sink in.

When I came to the second part of the book, the 365 lessons, I decided to actually “take” the course - I read and meditated on one lesson each day. I started each day by reading the lesson, memorizing the instructions about how it was to be done during the day. I even bought a cheap digital watch that I could make sound a short beep on the hour, reminding me to repeat the lesson regularly during the day, according to the instructions given.

One could now have thought, that this change of my attitude would have improved my and Anna’s relationship, as I now had started to come over “on her side”. But, for Anna the pamphlet about “A Course in Miracles” had been not much more than another interesting example of fascinating New Age phenomena. At the start of my reading she enjoyed

discussing it with me, but after a while my total focus on the task I had taken on made her lose interest in our discussions, and we grew apart again. And my original goal, of “saving” her from delusion, had obviously been replaced by something I could not even clarify to myself.

I began to ruminate a lot about my old notion of reality, trying to figure out how science and ACIMs metaphysics could possibly co-exist. I was never prepared to abandon science, but I started to open up to the notion that science is maybe not able to describe *all* of reality, even if it is able to describe everything physically observable and measurable. But still, the first lessons of ACIM continued to disturb my old scientific sense of secure stability:

Lesson 1. Nothing I see means anything.

*Lesson 2. I have given everything I see
all the meaning that it has for me.*

Lesson 3. I do not understand anything I see.

Lesson 4. These thoughts do not mean anything.

Lesson 5. I am never upset for the reason I think.

My ruminations and my constant brooding soon led to an emotional and existential crisis, and I started to isolate myself from others. I became a full-fledged spiritual seeker, and searched through numerous New Age book stores for other books that maybe could help me to understand. My sense of reality

began to feel swampy and fuzzy, and I looked for alternate descriptions in books about Buddhism, meditation, Zen, Christian and Islamic mysticism.

I found many other publications, where the author claimed to have received the content from Jesus. These were seldom as extensive as ACIM, but I became severely disturbed by how they often contradicted each other and contradicted ACIM, even if much of the concepts often were the same.

I attended a seminar on ACIM held in Seattle, where the main point on the agenda was a presentation by Kenneth Wapnick, the person who had edited ACIM after the original manuscript had been finalized. Many posed questions to Kenneth, but I wanted to be alone with him, so I waited until the meeting had ended and everyone else had left. When I finally could get Kenneth to myself, I told him about my spiritual journey that had just started, about my confusion and anxiety, and my frustration about all the other different channeled messages from Jesus. Kenneth listened patiently until I had finished describing my problems, then with a friendly laugh, he put his hand on my shoulder and said *“If we would confront everyone claiming to talk with the voice of Jesus, we would not have the time to do anything else. Continue your study of the Course, and make up your own mind. Good luck!”* And with this he excused himself, saying he had a flight to catch and we parted. I felt a little put off, but at the same time felt relieved - Kenneth did not seem like a sect-leader or guru or anything near this.

I continued my search, and decided to try to find some kind of community, where ACIM was discussed. In the suburb of Seattle where I lived with my family there was none within practical distance, and I decided to form my own community by arranging an evening course on ACIM, out of my belief that a good way of learning something is to teach it.

Putting together the material and leading this evening course forced me to formulate the message of ACIM in my own words, and I compiled a course material much based on pictures and diagrams, which suited my engineer side well. Being a course leader for a quite heterogeneous group of people was a useful experience for me, having had worked with computers, machines and engineers all my life.

During the period of leading the evening course, I went through the whole textbook once again, and I started to make the lessons a second time. Now I had bought all the lessons printed on small cards, so that I could bring the lesson of the day with me all day.

As the lessons are based on psychological methods as meditation, affirmation, visualization and similar, I also started to take a larger interest in psychology, and to my spiritual search I now added many popular-science books in psychology.

As Anna also had an interest in psychology, we started to have interesting discussions again, and after a while it felt like we were coming closer again. But, my intense, not to say fanatical, thirst for knowledge and spiritual insights made us grow apart again, as Anna never could relate to or understand

the extent of my spiritual crisis. And for my part, I was so intensely focused on the purely intellectual aspect my spiritual search that I forgot to communicate in an authentic way. Monologue may be OK for a course leader, but works poorly in a marriage.

I learned much later in my life that *relating* to another person in an authentic way comes out of *communicating* in an authentic and honest way. As I functioned now, our relationship became reduced to every-day chores, parenthood and “managing” the “project” The Family.

The second turning point

As a part of my search, and due to my newly awakened interest in psychology, I signed up for a week-long course in Psychosynthesis, as the information material about the course described it as a kind of psychology that included the spiritual realm and that regarded the essence of a human being as spiritual.

The course, “Essentials of Psychosynthesis”, was a totally new experience for me, as it was based on experiential learning, with many non-verbal exercises like guided imagery, role play, and free drawing. In the course, I became aware of strong similarities between the Psychosynthesis description of what it is to be a human being, and ACIM’s description of our inner nature.

What I much later would regard as “the second turning point” came after having attended just four

days of the course: I decided to sign up for a four year formal training to become a Psychosynthesis Therapist. I felt strongly that Psychosynthesis could constitute a practical and concrete path to manifesting the message of ACIM in my life, but I could not explain to others or to myself why I believed this.

Anna became surprised, naturally, but supported my decision, despite the economic burden I now had added to our family. My elderly parents on the other hand, that had looked forward to see me continue my career in corporate business, became worried: "*John has been snared by a religious sect*".

The Psychosynthesis training made me launch on an "inner journey" towards learning to know myself, and towards learning to become aware of my Inner Higher Spiritual I, which Psychosynthesis calls the Self with capital S. The training also constituted, in the same way as the evening course I had led a couple of years earlier, but much more, a thorough learning of group psychology. Learning to adjust to twenty others with different personalities, in close co-operation during four years. Learning conflict resolution and learning to develop one's ability for empathy.

As revolutionary ACIM had been for how one can regard reality and the physical world, as revolutionary was the Psychosynthesis training for how one can regard oneself, and for getting to know who one really is, beneath one's façade and role-playing.

Lost in the dust

These two intense, and long, inner journeys of mine that had taken up all my time and energy, had now brought Anna and me so far apart, that Anna entered a relationship with another man, and this led to a divorce, painful for us both. It coincided with an unusually rainy and cold fall in 1991.

And everything fell apart for me, who had always regarded myself as a family man, a good father and a loving and loyal partner. But thanks to the firm support from my course leaders, from my personal therapist (participants in the Psychosynthesis training had to get personal therapy) and from my friends in the training, I managed to come through the painful process of divorce and of separation from my children, even if I still had weekend contact with them. They were 11 and 13 at the time.

It felt as trying to awaken, to wanting to find something bigger than my previous reality, had only led to suffocating pain and suffering. Instead of knowing more, it now felt like I knew less than ever, five years after “the first turning point”, and I did not have a clue of where in life I was.

The header for this blog entry is Search – Context. The first image in *The Bull and His Herdsman* and the text below reminded me of how I had decided to search for something of crucial importance for me, but how I now had come completely astray:



The search for what? The bull has never been missing.

But without knowing it the herdsman estranged himself from himself and so the bull became lost in the dust.

The home mountains recede ever further, and suddenly the herdsman finds himself on entangled paths.

Lust for gain and fear of loss flare up like a conflagration, and views of right and wrong oppose each other like spears on a battlefield.

But, at the same time, looking at how the Herdsman's journey continued in the book, this text still felt somehow comforting. Others had obviously had the same experience as I, and survived...

